

**St Joseph's Catholic Primary School Physical Education Long Term Plan**

Year	Autumn		Spring		Summer	
<b>Reception</b>	Fundamental Movement Skills 2	Dance - Toys	Gymnastics - Landing	Target Games 1	Invasion Games - Skills 1	Striking - Skills 1
<b>1</b>	Net and Wall - Skills 1	Dance - Puppets	Gymnastics - Skills 1	Target Games 2	Invasion Games - Skills 2	Striking - Skills 1
<b>2</b>	Net and Wall - Skills 2	Dance - Fire of London	Gymnastics - Skills 2	Target Games 3	Movement - Skills 3	Athletics
<b>3</b>	Tennis	Dance - The World	Gymnastics - Skills 1	Outdoor Adventurous Activities	Netball <b>Swimming</b>	Athletics
<b>4</b>	Dodgeball	Dance - Romans	Gymnastics - Skills 2 <b>Swimming</b>	Health Related Fitness	Hockey	Basketball
<b>5</b>	Badminton	Dance - Vikings <b>Swimming</b>	Gymnastics	Team Building and Problem Solving	Netball	Cricket
<b>6</b>	Volleyball	Dance - Victorians	Gymnastics - sequencing	Leadership	Tag Rugby	Cricket <b>Swimming</b>