



Preparing for the Mass of Sunday 16<sup>th</sup> June 2019 - Feast of the Holy Trinity

**1** Relax & Remember

Set aside 10 -15 minutes and create a suitable environment by removing any distractions. Make sure that you are comfortable. Perhaps light a candle. Make the sign of the cross † and remain still for a minute of settling silence. **Call to mind the love that God has for you. Remember that through this scripture our Lord is truly present.** Then read the Gospel, preferably aloud and slowly, and pay attention to any words that stand out. If any do, meditate on them for a few minutes and be invited into a dialogue with God.



**2** Read

**Taken from the Gospel for 16<sup>th</sup> June 2019 (John 16:12-15): Father, Son and Spirit**

Jesus said to his disciples: "I still have many things to say to you but they would be too much for you now. But when the Spirit of truth comes he will lead you to the complete truth, since he will not be speaking as from himself but will say only what he has learnt; and he will tell you of the things to come. He will glorify me since all he tells you will be taken from what is mine. Everything the Father has is mine; that is why I said: 'All he tells you will be taken from what is mine'."



**3** Reflect

**After spending a few minutes considering this Gospel, continue by reading Fr Henry Wansbrough's reflection.**

*We can learn a little about the Trinity from this passage. Think of a perfect relationship between a father and a son: complete understanding between them - loving care from the father, loving obedience from the son; complete support from both sides. As soon as one has an idea, the other expresses it, to the perfect satisfaction of the first. As soon as one starts an action, the other has completed it, to the delight of the first. Then the son sends his own spirit, which is not himself, but represents himself fully, makes him present when he is not there and does his work exactly as he would do it. Two other images, perhaps rather cheeky: three men on a bench outside a pub or three women with supermarket trolleys, all three chatting in perfect harmony and understanding, with complete exchange of ideas and plenty of humour, laughter and warmth. Their friendship is so attractive that you would love to join them but don't dare. They are so welcoming that they seem to invite you to join them. They are so loving that you feel you have found happiness as never before. These are rather wretched images, straining to express the unity in diversity of the Trinity, but one must at least try to understand. Read the gospel again!*

**Can you think of an image for the Trinity, three Persons in one Nature?**

Dom Henry Wansbrough OSB

**4** Respond & Request

Now slowly and prayerfully read the Gospel once again but this time in silence. Consider how this Gospel could apply to your life in general. Then thank God for any insight you may have received. Conclude by asking God to bless you with one of the following spiritual gifts to help you act on any resolution you have made: love, understanding, wisdom, faithfulness, peace, self control, patience, or joy. Please remember to pray for the Church and particularly our school families. **Then conclude by requesting the prayers of Our Lady & St Joseph.**



# WEDNESDAY WORD PLUS †

Fr Henry's reflections on the first and second readings of Sunday 16<sup>th</sup> June 2019



## First Reading: *The Wisdom of God*

### Proverbs 8:22-31

The Wisdom of God cries aloud: "The Lord created me when his purpose first unfolded, before the oldest of his works. From everlasting I was firmly set, from the beginning, before earth came into being. The deep was not, when I was born; there were no springs to gush with water. Before the mountains were settled, before the hills, I came to birth; before he made the earth, the countryside, or the first grains of the world's dust. When he fixed the heavens firm, I was there, when he drew a ring on the surface of the deep, when he thickened the clouds above, when he fixed fast the springs of the deep, when he assigned the sea its boundaries - and the waters will not invade the shore - when he laid down the foundations of the earth, I was by his side, a master craftsman, delighting him day after day, ever at play in his presence, at play everywhere in his world, delighting to be with the sons of men."

*How did we Christians come to see God as a Trinity of Persons? With a noble sense of reverence the Israelites saw God as so infinitely other than the world that it became difficult to understand how God could mix with the world, even how God could 'dirty his fingers' by creating the world. The solution was that God must have created the universe by his Wisdom, the 'master craftsman' by his side in the work of creation. God's Wisdom is in a way the same as God, but yet not exactly the same. But is God's Wisdom itself created? It is not clear whether God 'created' or 'possessed' Wisdom, for the Hebrew word, is given both senses by different ancient translators. So there is in God something which both is God and is not the same as the Creator. The Wisdom of God is also similar to the Word of God by which God created ('He spoke and it came into being,' it says in the Creation Story in Genesis 1). In the New Testament Jesus is known both as the Wisdom of God and as the Word of God. The first thing we know about God is that we cannot fully know God. Nevertheless, texts (like this one from Proverbs) indicate a groping towards the idea that there is diversity within God. Here we find something of the origins of our understanding of the Trinity.*

*'God is love.' But if God is totally other, what can this mean?*

## Second Reading: *The Three Persons at Work*

### Romans 5:1-5

Through our Lord Jesus Christ, by faith we are judged righteous and at peace with God, since it is by faith and through Jesus that we have entered this state of grace in which we can boast about looking forward to God's glory. But that is not all we can boast about; we can boast about our sufferings. These sufferings bring patience, as we know, and patience brings perseverance, and perseverance brings hope, and this hope is not deceptive, because the love of God has been poured into our hearts by the Holy Spirit which has been given us.

*When Paul wrote his letter to the Romans the theology of the Trinity was still waiting to be worked out. The interrelationship between the three Persons did not begin to be elaborated by theologians for a couple of centuries yet, nor what is meant by calling them 'persons'. Paul does call the Risen Christ 'LORD', using the sacred name which may be used only of God. Moreover, he shows an awareness that three different modes are involved in human salvation, the divine action which brings human beings back to God. He often has a triple formula like the one in this reading, using different language of God, Christ and the Spirit. Through our LORD Jesus Christ we are brought into peace with God, and the love of God is poured into our hearts by the Holy Spirit. Human language is so totally inadequate to express truths about God that it will take a long time before any satisfying formula is found.*

*Can we distinguish the function of the three Persons of the Trinity in the work of our salvation?*

“Human language is so totally inadequate to express truths about God.”

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