

## Mass Times

**Saturday: 5:30pm St. Agnes**

**Sunday: 9:30am St. Aidan**

**11am St. Agnes**

Parishes of St. Agnes and St. Aidan

*Link between church and school*

# JANUARY

### What's Happening in your Churches:

**Community Choir: 14<sup>th</sup> January – In St. Agnes' Church and 28<sup>th</sup> January in The Old Schoolhouse. 6:30pm – 7:45pm**

**Little Church: Sundays: 19<sup>th</sup> and 26<sup>th</sup> January 9:30am St. Aidan's and 11am St. Agnes.**

**First Communion Preparation Programme: 6 pm – 7 pm 28<sup>th</sup> January in The Old Schoolhouse OR 30<sup>th</sup> January in St. Aidan's Club.**

### A Prayer for the New Year

God, thank you for a new year. May everyone in our family be willing to begin anew with a clean slate. We know that you are always ready to forgive us. Help us to be willing to forgive ourselves and to forgive one another.

As we begin a new year, remind us of our truest values and our deepest desires. Help us to live in the goodness that comes from doing what you want us to do. Help us to put aside anxiety about the future and the past, so that we might live in peace with you now, one day at a time.

*Loyola Press*

### A Whole New Year of Possibilities...

What will your year hold for you and when you look back at 2020 what will you be most grateful for?

Sometimes there are little things, moments that happen that make us happy and feel grateful, but they are small and not always memorable a few days or months later. Why not start a grateful jar with your family. Use an empty jam jar or something similar and every time something happens that you enjoyed or you felt grateful for, pop it in your family jar. By the end of the year you will have lots of things look back on and remember.

*Gratitude Jar*  
JOURNAL



Enjoy the little things in life; one day you will look back and see they were the **BIG** things.



