

Bereavement Support for Adults in Cheshire and Merseyside

Name of service	Support offered	Available to	Location	Referral	Cost	Contact details
Child Bereavement UK	1:1 bereavement support for parents bereaved of a baby or child Monthly drop-in Booked telephone support Group for bereaved parents	All	2 nd floor Ashley House Ashley Way West Widnes WA8 7RD with monthly drop in and support at The Living Well Borough Road St Helens WA10 3RN	Self-referral or third-party referral	Free	01928 577164 National Helpline 0800 028 8840 cheshiresupport@childbereavementuk.org
MIND	1:1 counselling peer support group	Halton residents	Runcorn centre and two Widnes sites	Self-referral or third-party referral	Suggested donation	01928 563 612 info@mindhalton.org.uk
Women's Centre	1:1 counselling peer support group	Halton residents	Pendennis Ct, Castlefields, Runcorn WA7 2SW	Third party referral	£5/session	01928 566 073 womens.centre@halton.gov.uk
Halton Haven Hospice	1:1 counselling and listening service for pre and post bereavement patient carer group	Halton residents affected by cancer or other life limiting illness +10% other bereavement	Barnfield Ave, Murdishaw, Runcorn WA7 6EP	Self-referral or third-party referral	Free	01928 712 728
St Rocco's Hospice	1:1 counselling Listening Ear Bereavement Café Spiritual Care Telephone counselling Drop In bereavement support, information and sign posting	Bereaved relatives, carers and friends of patients, referred into St. Rocco's for palliative care All	St. Rocco's Hospice Lockton Lane Warrington WA5 0BW 01925 575780 The Pavilion Alexandra Park Stockton Heath WA4 2UT	Self-referral or third-party referral No referral needed	Free	Counselling and Emotional Care Team 01925 575780

Willowbrook Hospice	1:1 bereavement support Monthly peer support group	Anyone connected to a patient who has died	The Living Well Borough Road St Helens WA10 3RN	Self referral	Free	0151 430 8736 general@willowbrookhospice.org.uk
The Centre, Widnes & Runcorn Cancer Support Group	1:1 counselling peer support groups timetable of activities	Halton and surrounding area residents affected by cancer	21 - 23 Alforde St Widnes WA8 7TR with some support in Runcorn	Self-referral or third-party referral	Free	0151 423 5730 info@widnesandruncorncancersupport.org.uk
Macmillan Delamere						
Macmillan St Helens	Information and signposting drop-in only	All	St Helens Hospital lower ground floor	N/A	Free	01744 647 000 macmillansupport@sthk.nhs.uk
Listening Ear	1:1 counselling and group counselling FAB (Friendship After Bereavement) peer support group AMPARO support for anyone affected by suicide	Knowsley residents Knowsley residents Knowsley, St Helens, Sefton, Wirral, Cheshire East, Cheshire West & Chester, Warrington and Halton residents	St Nicholas Centre 70 Church Rd Halewood Liverpool L26 6LB	Self-referral or third-party referral	Free Private referrals are charged at £50	0151 488 6648 enquiries@listening-ear.co.uk
Night Stop	1:1 counselling Family therapy Group work	All	1 st floor Ashley House, Ashley Way West Widnes WA8 7RP	Self-referral or third-party referral	£5/session	0151 345 6454 reception@ncnw.co.uk
Warrington Bereavement Support	1:1 bereavement support Weekly drop in	Warrington residents	Support is offered in the family home or safe place	Self-referral or third-party referral	Free donations welcome	01925 631 516

	Widows group					
Bereavement Coffee Morning	Drop-in	All	King's Community Centre Warrington WA5 1JH	None	Free	None
Compassionate Friends	1:1 bereavement support Monthly group for parents bereaved of a child	Warrington residents All	Support offered at home or at home of Compassionate Friends coordinator in Warrington	Self-referral	Free	0345 123 2304
Forget Me Nots and Rainbows	Monthly baby loss support group on the first Wednesday of every month 8.00-9.30pm	Bereaved parents and grandparents	St Margaret's Community Centre Lindley Ave, Warrington WA4 1QB	None	Free	07454 100 951 info@nwforgetmenotsandrains.co.uk NWForgetmenotsandrains@virginmedia.com
SOB's	Peer group support National helpline and forum	All bereaved by suicide	St Helens	Self-referral or third-party referral	Free	07580 358 312 National Helpline 0300 111 5065 sobs.support@hotmail.com
St Joseph's Family Centre	1:1 counselling	Warrington residents	9 Museum street Warrington WA1 1JA	Referral form MHM-Adults	Free	01925 635 448 contact@sjfc.org.uk
Elsie Ever After	Signposting advice, funding and links to attend creative therapies or counselling	In and around Cheshire	Flexible	Self-referral or third-party referral	Free	elsieeverafter@hotmail.com www.elsieeverafter.org.uk 07394 070 403
Samaritans						