



# Relationships & Sex Education (RSE)

September 2017

Dear Parents/Carers

The Governors at St Joseph's Catholic Primary School have adopted the 'Journey in Love' programme to support the non-statutory relationships and sex education throughout the school. The programme of study is authentic to the teachings of the Catholic Church. Below is a brief outline of the content of the programme.

As part of our commitment to you, the 'The Journey in Love' scheme will be available for you to view on parent's evening this term. A member of staff will be available to discuss this throughout the evening.

## A Journey in Love

A Journey in Love has as its foundational premise the belief that we are made in the image and likeness of God and as a consequence, gender and sexuality are God's gift, reflect God's beauty and share in the divine creativity.

In order that children may grow and develop healthily and holistically towards an understanding of their gender and its implications for successful relationships, they must be at ease with themselves and grow in self-knowledge.

An aspect of the mystery of love is treated in each year group; children and young people are encouraged to marvel at the wonder and beauty of God's creative love. This is reflected in each stage of a person's growth in the Primary years through a series of suggested, progressive and developmental tasks, activities and reflections which focus on physical, social, emotional, intellectual and spiritual development.

- YR: God loves each of us in our uniqueness
- Y1: We meet God's love in our family
- Y2: We meet God's love in the community
- Y3: How we live in love
- Y4: God loves us in our differences
- Y5: God loves me in my changing and development
- Y6: The wonder of God's love in creating new life

Yours faithfully

Mr C Newstead