

St Joseph's Catholic Primary School Physical Education Long Term Plan

Year	Autumn		Spring		Summer	
Reception	Fundamental Movement Skills 2	Dance - Toys	Gymnastics - Landing	Target Games 1	Invasion Games - Skills 1	Striking - Skills 1
1	Net and Wall - Skills 1	Dance - Puppets	Gymnastics - Skills 1	Target Games 2	Invasion Games - Skills 2	Striking - Skills 1
2	Net and Wall - Skills 2	Dance - Fire of London	Gymnastics - Skills 2	Target Games 3	Movement - Skills 3	Athletics
3	Tennis	Dance - The World	Gymnastics - Skills 1	Outdoor Adventurous Activities	Netball Swimming	Athletics
4	Dodgeball	Dance - Romans	Gymnastics - Skills 2 Swimming	Health Related Fitness	Hockey	Basketball
5	Badminton	Dance - Vikings Swimming	Gymnastics	Team Building and Problem Solving	Netball	Cricket
6	Volleyball	Dance/ Outdoor Adventurous Activities	Gymnastics - sequencing	Leadership	Tag Rugby	Cricket Swimming

