

St. Joseph's Catholic Primary School PE Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Rec	Invasion Games Skills	Dance Nursery Rhymes	Gymnastics Flight - bouncing, jumping & landing	Net and Wall Skills	Striking & Fielding Skills	Athletics
Year 1	Invasion Games Football	Dance Animals	Gymnastics Rolling & Balancing	Net and Wall Tennis	Striking & Fielding Rounders	Athletics
Year 2	Invasion Games Rugby	Dance Mini-beasts	Gymnastics Spinning, turning & twisting	Net and Wall Badminton	Striking & Fielding Rounders	Athletics
Year 3	Invasion Games Football	Dance The Egyptians	Gymnastics Linking Movements	Net and Wall Tennis	Striking & Fielding Cricket	Athletics
					Swimming	
Year 4	Invasion Games Netball	Dance The Romans	Gymnastics Rolling & Travelling	Net and Wall Badminton	Striking & Fielding Rounders	Athletics
					Swimming	
Year 5	Invasion Games Football	Dance Dances through the ages 1930s-1970s	Gymnastics Synchronisation & Canon	Net and Wall Tennis	Striking & Fielding Cricket	Athletics
	Swimming					
Year 6	Invasion Games Handball	Dance Dances through the ages 1980s-current	Gymnastics Group sequencing	Net and Wall Tennis/Badminton	Striking & Fielding Rounders/Cricket	Athletics
	Swimming					