

St Joseph's Catholic Primary School - RSHE Curriculum

At St Joseph's, we utilise the **PSHE Association Primary PSHE Education Thematic Model**, alongside the Archdiocese's **Journey in Love** scheme to teach all aspects of **Personal, Social, Health and Economic Education**, including **Relationships, Health and Sex Education**.

Links are also made with other curriculum areas, such as **Science** and **Computing**, to help our children expand their understanding and know how to keep themselves safe from harm.

	<u>PSHE Curriculum</u>	<u>Journey in Love</u>	<u>Science Curriculum</u>	<u>Computing Curriculum</u>
Reception	EYS Framework 2021 - Personal, Social and Emotional Development: <ul style="list-style-type: none"> • Making Relationships • Sense of Self • Understanding Emotions 	The wonder of being special and unique. To explore the wonder of being special and unique.		<u>My Online Life</u> Each year, every class completes a unit of age-appropriate online safety based on UKCCIS: 'Education for a Connected World Framework'.
Year 1	Recognising privacy; staying safe; seeking permission	We meet God's love in our family. AIM: To focus on families and specially growing up in a loving, secure and stable home.	<ul style="list-style-type: none"> • identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense 	
Year 2	Growing older; naming body parts	We meet God's love in the community. AIM: To describe how we are growing and developing in diverse communities that are God-given.	<ul style="list-style-type: none"> • notice that animals, including humans, have offspring which grow into adults 	
Year 3	Recognising respectful behaviour; the importance of self-respect; courtesy and being polite	How we live in love. AIM: To describe and give reasons for how we grow in love in caring and		

		happy friendships where we are secure and safe.		
Year 4	Physical and emotional changes in puberty; external genitalia; hygiene routines; support with puberty	God loves us in our differences. AIM: To make links and connections to show that we are all different. To celebrate these differences as we appreciate that God's love accepts us as we are now and as we change.		
Year 5	Physical contact and feeling safe Keeping safe in different situation, including responding to in emergencies and first aid	God loves us in our changing and developing. AIM: Show a knowledge and understanding of how we grow in awareness of the physical and emotional changes that accompany puberty - sensitivity, mood swings, anger, boredom etc. and grow further in recognising God's presence in our daily lives.	<ul style="list-style-type: none"> describe the changes as humans develop to old age 	
Year 6	Attraction to others; romantic relationships; civil partnership and marriage; Human reproduction and birth	The wonder of God's love in creating new life. AIM: To develop a secure understanding of what stable, caring relationships are and the different kinds there may be. Focusing on Catholic teaching, children will also know and understand about the conception of a child within marriage.		